

## Course Syllabus

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**Department** : Physical Education

**Course Title** : First Aid

**Section Name** : PHED\_1306\_WB

**Start Date** : 08/22/2011

**End Date** : 12/09/2011

**Modality** : Web-enhanced

**Credits** : 3

## Instructor Information

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**Name** : Karin Carlson

**OC Email** : kcarlson@odessa.edu

**OC Phone #** : (432) 335-6563

**Office** : 201-B, OC Sports Center

## Course Description

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This course provides multimedia instruction in American Red Cross standard first aid and CPR. Covers techniques for injury assessment, bandaging and splinting, and safe transportation of injured. Emphasis is placed on skills for responsible action, decision making, and problem solving when faced with an emergency or nonemergency situation; utilization of knowledge necessary for specific injury conditions; maintenance of standards of ethical care for first aid care. Certification may be obtained in basic adult and infant/child CPR, Standard First Aid, and AED. Lab fee required.

## Prerequisites/Corequisites

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None

## Scans

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5, 7, 9, 10, 11

## Course Objectives

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Upon satisfactory completion of this course, the student will be able to:

- A. Standard First Aid (bandaging, splinting, safe transportation of injured, sudden illnesses and other first aid procedures;
  - B. Adult CPR and choking;
  - C. Child and infant CPR, rescue breathing, and choking;
  - D. AED for adult and child
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### **CLASS ATTENDANCE POLICY**

**THIS IS NOT A SELF-PACED COURSE!** This is a web-enhanced course with scheduled quizzes/assignments. Thus, you should use self-discipline to be efficient with this class, pay attention to the calendar, and take notes over the material.

It is important that you log-on to the course every week - it is expected. **You will receive an absence for each week that you do not access the course online and complete the Discussion Board. Your final grade will be dropped 1 letter grade after each consecutive 3 absences** You should expect that each absence will adversely affect your course grade. The only excused absences that I will accept are college-sponsored activities and medical emergencies (must show proof). It is your responsibility to complete assignments by the scheduled date.

**Assignments:** This course will be web-enhanced through OC's BlackBoard ([www.odessa.edu](http://www.odessa.edu) .) Material is presented primarily from readings assignments from the 11 chapters of the text. All assignments posted in the course are expected to be completed in Word document format and submitted in the assignment as an attachment. **Do not email assignments to my email address. All assignments must be submitted in BlackBoard.** This will allow for the student and instructor to see if the assignment was posted and for viewing of instructor comments.

**Assessments:** **Mandatory attendance is required for the instructional skills session.** Please look for the posted date and times.

### **COURSE UPDATES**

The student is responsible for checking the syllabus online for changes frequently may be updated often as needed.

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## Required Readings/Materials

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a) You must purchase the following *required* readings/materials:

American National Red Cross (2007). **First Aid – Responding to Emergencies**, Revised 4<sup>th</sup> Edition. Staywell.

b) You are encouraged to buy the following *optional* books/materials: Pocket mask

## Course Requirements (Lectures, Assignments and Assessments)

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Throughout a combination of written exams, projects, skills, participation and the final exam your ability to meet the course objectives will be evaluated.

ARC Certification Tests	Pass / Fail
Focus Questions	80 points
Unit Exams (6)	300 points
Topic Paper	75 points
Media Assignment	75 points
Skills	100 points
Final Exam	80 points
<b>TOTAL POINTS</b>	<b>710 points</b>

Item (Name)	Type	Description	Due <i>*Tentative</i>
<b>Week 1</b>	Introduction	Course Information	8/25/2011
	Lecture	Chapter 1	
<b>Week 2</b>	Lecture	Chapter 2	9/1/2011
	Skills	Primary Survey	
<b>Week 3</b>	Lecture	Preventing Disease Transmission	9/8/2011
	Skills	CPR	
<b>Week 4</b>	Lecture	Chapter 3	9/15/2011
	Skills	CPR and Rescue Breathing	
	Test	<b>Unit 1</b>	

<b>Week 5</b>	Lecture Assignment	Chapter 4 <b>Topic Paper Due</b>	9/22/2011
<b>Week 6</b>	Lecture Skills Test	Chapter 5 AED <b>Unit 2</b>	09/29/2011
<b>Week 7</b>	Lecture Skills	Chapter 6 and 7 CPR	10/6/2011
<b>Week 8</b>	Lecture Skills Test	Chapters 8 and 9 Scenes <b>Unit 3</b>	10/13/2011
<b>Week 9</b>	Lecture Skills Assignment	Chapter 10 and 11 First Aid <b>Media Assignment Due</b>	10/20/2011
<b>Week 10</b>	Lecture Skills Test	Chapters 12 - 14 First Aid <b>Unit 4</b>	10/27/2011
<b>Week 11</b>	Lecture	Chapter 15-17	11/3/2011
<b>Week 12</b>	Lecture Test	Chapter 18 - 19 <b>Unit 5</b>	11/10/2011
<b>Week 13</b>	Lecture Skills	Chapter 20 First Aid	11/20/2011
<b>Week 14</b>	Lecture	Chapter 21	11/17/2011
<b>Week 15</b>	Test	<b>Unit 6</b>	11/24/2011
<b>Week 16</b>	Review	Review for Final Exam	12/1/2011

## Grading Policy

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Final grades will be determined according to the following point system:

<b>A</b>	639 - 710 points	(90-100%)
<b>B</b>	568 - 638 points	(80-89%)
<b>C</b>	497 - 567 points	(70-79%)
<b>D</b>	426 - 496 points	(60-69%)
<b>F</b>	425 OR less points	Below 60%

## Special Needs

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Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

## Learning Resource Center (Library)

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The Library, known as the [Learning Resources Center](#), provides research assistance via the [LRC's catalog \(print books, videos, e-books\)](#) and [databases \(journal and magazine articles\)](#). [Research guides](#) covering specific subject areas, [tutorials](#), and the "[Ask a Librarian](#)" service provide additional help.

## Student E-mail

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Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

## Student Portal

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Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

## Technical Support

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For Blackboard username and password help and for help accessing your online course availability and student email account contact the Student Success Center at 432-335-6878 or online at [https://www.odessa.edu/dept/ssc/helpdesk\\_form.htm](https://www.odessa.edu/dept/ssc/helpdesk_form.htm)

## **Important School Policies**

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For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or student's and instructors' right to academic freedom can be found in the [Odessa College Student Handbook](#).