

Course Syllabus

Department : Physical Education
Course Title : Care & Prevention of Athletic Injuries
Section Name : PHED_2356_4
Start Date : 08/22/11
End Date : 12/7/11
Modality : FACE-TO-FACE
Credits : 1

Instructor Information

Name : Jeff Kelly
OC Email : jkelly@odessa.edu
OC Phone # : (432) 335-6570

Course Description

Prevention and care of athletic injuries with emphasis on qualities of a good athletic trainer, avoiding accidents and injuries, recognizing signs and symptoms of specific sports injuries and conditions, immediate and long-term care of injuries, and administration procedures in athletic training. Provides instruction in the study of the athletic training room and its problems, including massage, taping, bandaging, care of sprains, strains, and wounds common to athletic participation. Emphasis is placed on basic administrative procedures and written record-keeping skills, management of time and materials necessary for the proper function of the training room, participation and service to clients served by the athletic trainer, acquisition and evaluation of information relative to injury assessment and prevention of athletic injury, proper communication of care and rehabilitation of athletic injuries, demonstration of problem-solving and decision-making skills relative to injury care and management, and maintenance of responsibility, ethical behavior, and self limitation in the treatment of athletic injuries.

Prerequisites/Corequisites

None

Scans

SCANS 2, 4, 5, 6, 9, 10, 11

Course Objectives

- 1) A better understanding of the Sports Medicine Profession
 - 2) Basic knowledge of injury prevention and rehabilitation
 - 3) Basic anatomy and physiology
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Possible Points: Attendance/Quizzes = 200pts

Oral Report/Paper = 200pts

Exams = 400pts

Final Exam = 200pts

Attendance Policy: Each unexcused absence will result in 4 (four) points being taken from your total attendance grade. Three tardies equal one absence.

Academic Dishonesty: All work is expected to be your own. If unethical behavior is detected, *all parties involved* will be denied points for that class assignment or exam. Refer to the college handbook to review the policy on cheating.

Important Notes to Students:

1. It is the policy of the instructor to help you complete this course. If you believe that you cannot pass this class, you should see the instructor to discuss your options, **PRIOR TO THE DROP DATE!!**
 2. Make-up work is allowed only for absences due to college-sponsored activities. Exceptions to this policy may be granted at the discretion of the instructor.
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Required Readings/Materials

a) You must purchase the following *required* readings/materials: **Essentials of Athletic Injury Management**, 7th ed., Daniel Arnheim, MCG Publisher

b) You are encouraged to buy the following *optional* books/materials

Course Requirements (Lectures, Assignments and Assessments)

STUDENTS ARE EXPECTED TO:

1. Attend and participate in all scheduled classes
2. Take ALL exams, quizzes, and complete assignments including an oral report

Topic/Overview: This week focuses on

Summary of Assignments & Activities

Item(Name)	Type	Description	Due
week 1	Intro, Lecture	Course Orientation and Introduction	TBA
week 2	Lecture	Practical Anatomy, Terminology Review and Dermatomes	TBA
week 3	Lecture	Injury Prevention and Physical Conditioning; Psychological Stress	TBA
week 4	Lecture, Test	Nutrition and Protective Sports Devices, TEST # 1	TBA
week 5	Lecture	Mechanisms, Characteristics, and Classification of Sports Injuries	TBA
week 5	Guest Lecture	Selected Emergency Procedures, Environmental Factors	TBA
week 6	Guest Lecture	Selected Emergency Procedures, Environmental Factors	TBA
week 7	Lecture, Test	Healing and Follow - Up Care; Wound Dressing; TEST # 2	TBA
week 8	Lecture	The Foot, Ankle, and Lower Leg / the Knee and Related Structures	TBA
week 9	Lecture	Thigh, Hip, Groin, and Pelvis, the Abdomen, and Lower Back	TBA

week 10	Lecture, Test	The Shoulder Complex and Upper Arm, TEST # 3	TBA
week 11	Lecture	The Elbow, Forearm, Wrist, and Hand	TBA
week 12	Lecture	The Head, Face, Eyes, Ears, Nose, and Throat	TBA
week 13	Presentations	ORAL REPORTS OR PAPER DUE	TBA
week 14	Lecture, Test	The Upper Spine, Substance Abuse, General Medical Conditions, TEST # 4	TBA
week 15	Review	Make-up tests, review for final	TBA
week 16	Final	FINAL EXAM, WEDNESDAY, December 7th, 8am	TBA

Grading Policy

Each week, I will provide grades or scores and comments on assignments within 6 days of when they were submitted. After I send feedback each week, I will post a notification in the **Main** forum.

Late assignments receive a 10% deduction for each day they are late if assignments are not posted by 11:59 p.m. central on the day they are due. Assignments more than 5 days late will not be accepted. Technological issues will not be considered as valid grounds for late assignment submission. In the event of a server outage, students should submit assignments to the instructor.

Percentage %	Grade
900 - 1000	A
800 - 899	B
700 - 799	C
600 - 699	D
599 or less	F

Special Needs

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

Learning Resource Center (Library)

The Library, known as the [Learning Resources Center](#), provides research assistance via the [LRC's catalog \(print books, videos, e-books\)](#) and [databases \(journal and magazine articles\)](#). [Research guides](#) covering specific subject areas, [tutorials](#), and the "[Ask a Librarian](#)" service provide additional help.

Student E-mail

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

Student Portal

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

Technical Support

For Blackboard username and password help and for help accessing your online course availability and student email account contact the Student Success Center at 432-335-6878 or online at https://www.odessa.edu/dept/ssc/helpdesk_form.htm.

Important School Policies

For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or students and instructors' right to academic freedom can be found in the [Odessa College Student Handbook](#).

