

## Course Syllabus

Note: This syllabus is subject to change during the semester. Please check syllabus on a regular basis for any updates.

Department: Nursing-Vocational  
Course Title: Mental Illness VNSG 1237  
Section Name: L9  
Start Date: 06/06/2011  
End Date: 08/12/2011  
Modality: Web Enhanced  
Credits: 2

### Instructor Information

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### Course Description:

Study of human behavior with emphasis on emotional and mental abnormalities and modes of treatment incorporating the nursing process. The student will identify common mental illnesses and maladaptive behavior; utilize the nursing process to assist in planning care for the individual with mental illness or maladaptive behavior; and discuss trends in the management of the individual requiring psychotherapeutic treatment and pharmacologic agents. Therapeutic communication is emphasized.

(SCANS 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11)

Prerequisites: VNSG 1327, VNSG 1260, VNSG 1505, VNSG 1500, VNSG 1502, VNSG 1361, VNSG 1406

Co-requisites: VNSG 1219, VNSG 1363, VNSG1510

Course Objectives:

1. Define three types of treatment facilities.
2. Identify three breakthroughs that advanced the field of mental health nursing.
3. Identify the major laws and provisions of each that influenced mental health nursing.
4. Identify the major contributors to the field of mental health nursing.
5. Know the basic tenets/theories of the contributors to mental health nursing.
6. Identify three components needed to communicate.
7. Differentiate between effective and ineffective communication.
8. Identify six types of communication.
9. Identify five challenges to communication.
10. Identify common blocks to therapeutic communication.
11. Identify common techniques of therapeutic communication.
12. Identify five adaptive communication techniques.
13. Define key terms.
14. Define professionalism.
15. Identify the standards of nursing practice.
16. State an understanding of the Nurse Practice Act.
17. State the importance of honesty and accuracy in verbal reporting and written documentation.
18. State the importance of confidentiality.
19. Define HIPAA and its role in health-care delivery.
20. Define JCAHO and its role in health-care delivery.
21. Identify responsibility to self, patients, and coworkers.
22. Explain the Good Samaritan Act.
23. Explain involuntary commitment.
24. Explain voluntary commitment.
25. Identify patients' rights and nursing considerations for them.
26. Define patient advocacy.
27. Identify community resources in general, as well as those in your community.
28. Identify major theories of personality development from newborn through adult development.
29. Identify developmental tasks from prenatal development through death, according to the major theorists.
30. Identify possible outcomes of ineffective development, according to the major theorists.
31. Identify the five stages of grief/death according to Kübler-Ross.
32. Define culture.
33. Define religion.
34. Define ethnicity.
35. Identify parenting styles.
36. Differentiate between abuse and neglect.
37. Define stereotype.
38. Define prejudice.
39. Define homelessness.

40. Identify some possible reasons for homelessness.
41. Identify nursing care for people who are homeless.
42. Define coping.
43. Differentiate between effective and ineffective coping.
44. Define defense (coping) mechanisms.
45. Identify main defense mechanisms.
46. Define the role of the LPN/LVN in the five steps of the nursing process.
47. Identify the components of a mental health status assessment.
48. State the need for the nursing process in mental health issues.
49. State the concepts of patient interviewing.
50. Prepare a patient interview.
51. Collaborate in creating a nursing process for a given, hypothetical patient.
52. State the concepts of patient teaching.
53. Prepare and implement a teaching exercise.
54. Describe a therapeutic milieu.
55. Identify classifications, uses, actions, side effects, and nursing, as well as considerations for selected classifications of psychoactive medications.
56. Describe psychoanalysis.
57. Describe behavior modification.
58. Describe rational-emotive therapy.
59. Describe humanistic/person-centered therapy.
60. Identify the nurse's role in counseling.
61. Describe three types of counseling.
62. Describe concepts of group therapy.
63. Describe electroconvulsive therapy and the nurse's role in it.
64. Define crisis.
65. Identify the five phases of crisis and the nurse's role in them.
66. Define and discuss terrorism as it relates to mental health in today's world.
67. Differentiate between alternative and complementary medicine.
68. Identify integrative medicine.
69. Identify the concept of the mind-body connection.
70. Identify support for patient beliefs and models.
71. Identify three alternative and complementary treatment modalities.
72. Identify three types of massage.
73. Differentiate between trance and sleep.
74. Identify the three primary channels of experience.
75. Define mental health.
76. Define mental illness.
77. Define health-illness continuum.
78. Define DSM-IV-TR.
79. Identify several methods used in diagnosing mental health alterations.
80. Define anxiety disorders.
81. Identify five specific anxiety disorders.
82. State physical and behavioral symptoms of five anxiety disorders.
83. Identify treatment modalities for five anxiety disorders.

84. Identify nursing care for five anxiety disorders.
85. Define personality.
86. Identify seven types of personality disorders.
87. State physical and behavioral symptoms of seven personality disorders.
88. Identify treatment modalities for people with personality disorders.
89. Identify nursing care for people with personality disorders.
90. Define schizophrenia.
91. Identify three types of schizophrenia.
92. State physical and behavioral symptoms of three types of schizophrenia.
93. Identify possible psychoanalytic, genetic, environmental, and socioeconomic theories
94. of causes of schizophrenia.
95. Define the 4-A's of Eugene Bleuler.
96. Identify treatment modalities for people with schizophrenia.
97. Identify nursing care for people with schizophrenia.
98. Define delirium.
99. Define dementia.
100. Identify characteristics of delirium.
101. Identify characteristics of dementia
102. Identify medical treatments for patients with organic mental disorders.
103. Identify nursing interventions for patients with organic mental disorders.
104. Define somatoform.
105. Identify signs and symptoms of somatoform disorders.
106. Identify possible underlying causes of somatoform disorders.
107. Identify medical treatments for people with somatoform disorders.
108. Identify nursing interventions for people with somatoform disorders.
109. Define substance abuse.
110. Define substance dependence.
111. Define codependency.
112. Identify common medical treatments for abuse disorders.
113. Identify nursing interventions for patients with abuse disorders.
114. Define anorexia.
115. Define bulimia.
116. Define morbid obesity.
117. Discuss bariatric or "weight-loss" surgery.
118. Identify populations at risk for eating disorders.
119. Identify possible causes of eating disorders.
120. Identify symptoms of eating disorders
121. List nursing care for patients with eating disorders.
122. Identify main populations at risk for suicide.
123. Consider religious and cultural views of suicide.
124. Identify myths and truths about suicide.
125. Identify warning signs of suicide.
126. Identify nursing care for people who are suicidal.
127. Define dissociative disorders.
128. List four dissociative disorders.

129. Define multiple personality disorder (MPD)/dissociative identity disorder (DID).
130. List possible causes of MPD/DID.
131. State possible medical treatment of people with MPD/DID.
132. State nursing care for people with MPD/DID.
133. Identify child and adolescent populations at risk for mental health disorders.
134. Define selected mental health conditions of childhood/adolescent age groups.
135. Identify treatment modalities used in childhood/adolescent age groups.
136. Identify age-appropriate nursing care for selected mental health issues.
137. Discuss concepts of aging.
138. Define ageism.
139. Discuss social trends in the aging population.
140. Identify five mental challenges of the older adult.
141. Identify medical treatment for the older adult.
142. Identify nursing actions for general care of older patients.
143. Define abuse.
144. Define victim.
145. Differentiate among different kinds of abuse.
146. Identify characteristics of an abuser.
147. Identify nursing care to help survivors of abuse

The student's competency in these roles are evaluated by: Testing, Discussion; Care Planning; Clinical Demonstration.

#### Required reading material

1. Introductory Medical-Surgical Nursing 10<sup>th</sup> Edition; Timby, Barbara K. and Smith, Nancy E.: Wolters Kluwer Health: Lippincott Williams & Wilkins, 2010.
2. Roach's Introductory Clinical Pharmacology, 9<sup>th</sup> Edition; Ford, Susan M, and Roach, Sally S.; Wolters Kluwer Health: Lippincott Williams & Wilkins, 2010.
3. Williams' Basic Nutrition and Diet Therapy; 13<sup>th</sup> Edition; Nix, Staci; Mosby, Elsevier: 2009
4. FUNDAMENTAL NURSING SKILLS AND CONDEPTS 9<sup>TH</sup> EDITION; Barbara K. Timby, RN, BC, BSN, MA: Lippincott, Philadelphia 2009
5. INTRODUCTORY TO MEDICAL/SURGICAL NURSING; 10<sup>TH</sup> EDITION; Barbara K. Timby: Lippincott, Philadelphia 2007
6. ROACH'S INTRODUCTORY TO CLINICAL PHARMACOLOGY; EDITION 9; Susan M. Ford, Sally S. Roach
7. TABER'S CYCLOPEDIA MEDICAL DICTIONARY; 21<sup>st</sup> ED; Clayton L. Thomas, MD, MPH: F A Davis/Philadelphia 2001

8. DAVIS'S DRUG GUIDE FOR NURSES W/CD; 12<sup>TH</sup> ED; Judith Hopfer Deglin, PharmD, April Hazard Vallerand, Ph.D., RN, FAAN: FA Davis/Philadelphia, 2005
9. DAVIS'S COMPREHENSIVE HANDBOOK OF LABORATORY OF LABORATORY AND DIAGNOSTIC TESTS WITH NURSING IMPLICATIONS; 3<sup>RD</sup> EDITION; Anne M. Van Leeuwen MA, BS, MT, (ASCP)Debra J. Poelhuis-Leth, MT, RT, (R) (M): F. A. Davis/Philadelphia 2009
10. NURSING PRACTICE ACT, NURSING PEER REVIEW, NURSE LICENSURE COMPACT & ADVANCED PRACTICE REGISTERED NURSE COMPACT; Texas Board of Nursing
11. FUNDAMENTALS OF MENTAL HEALTH NURSING ;3<sup>RD</sup> ED; Kathy Neeb, RN, BA: F. A. Davis/Philadelphia 2006
12. JOURNEY ACROSS THE LIFE SPAN; 3<sup>RD</sup> EDITION; Elaine U. Poulan, RNC, MS, PhD, Daphne R. Taylor, RN, MS: FA Davis/Philadelphia 2007
13. SUCCESS IN PRACTICAL/VOCATIONAL NURSING; 6<sup>TH</sup> EDITION; Signe S. Hill, RN, BSN, MA, Helen Stephens Howlett, RN, BSN, MS: Saunders-Elsevier/St. Louis 2009
14. WILLIAMS' BASIC NUTRITION & DIET THERAPY; 13<sup>TH</sup> ED.; Staci Nix, MS, RD, CD: Elsevier Mosby/St. Louis 2005

#### Requirements (Lectures, Assignments and Assessments)

#### Acceptance of late assignments:

Projects or assignments are due at the beginning of class on the assigned due date. Missing assignments Or assignments submitted after the designated time will not be accepted.

#### Missing an Exam:

Exams are defined as formally scheduled examinations covering a major portion of the course content and make up 70% of the overall grade for a course. Every effort should be made by the student to be present for all exams. If it is necessary for a student to miss an exam, the instructor must be notified and the exam must be taken on the next class day the student is present. 10 points will be deducted as a penalty for taking the exam late. If the exam is not taken the first day of return to class, a zero may be assigned, Extenuating circumstances will be reviewed on a case by case basis. The instructor has the option to give the same exam or to administer another exam over the same content.

#### Grading Criteria

1. A minimum grade of C is required In all nursing and allied health courses. Each component within a course must be completed with a C or above or the student will receive a failing grade. A student who fails to attain 75% on a unit examination must provide documentation of remediation by an approved tutor or student mentor. Arrangements must be made in conjunction with an instructor in the program.

2. A minimum grade of C must be maintained in the clinical area. This grade will be derived from the averages on nursing care plans, case studies, and all other written clinical assignments. Written work will be factored into the clinical nursing grade which is either 'Pass' or 'Fail.'
3. Any grade below 75% will be considered failing.
4. A report of grades will be distributed to each student at the completion of each semester.
5. A minimum grade of 90% is required on the math competency examination which is administered each semester. The student will have 3 opportunities to pass this examination. A student who does not successfully pass the examination on the first and second attempts will be required to show evidence of remediation with either an instructor or a student who has attained 95% or above on the examination. A student who is unable to pass the competency examination on the third opportunity may be dismissed from the program.

A = 90 to 100 B = 80 to 89 C = 75 to 79 D = 60 to 74 F = Below 60

Grading criteria are consistent throughout the nursing program at the Monahans Center. The following method of evaluation will be used in assigning course grades:

Tests and Quizzes.....	70%
Daily Work/ ATI content exams.....	10%
Exam.....	20%

### Special Needs

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

### Learning Resource Center (Library)

The Library, known as the [Learning Resources Center](#), provides research assistance via the [LRC's catalog \(print books, videos, e-books\)](#) and [databases \(journal and magazine articles\)](#). [Research guides](#) covering specific subject areas, [tutorials](#), and the "[Ask a Librarian](#)" service provide additional help.

### Student E-mail

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

### Student Portal

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. **All assignments or correspondence will be submitted using your Odessa College email.**

## Technical Support

For Blackboard username and password help and for help accessing your online course availability and student email account contact the Student Success Center at 432-335-6878 or online at [https://www.odessa.edu/dept/ssc/helpdesk\\_form.htm](https://www.odessa.edu/dept/ssc/helpdesk_form.htm).

## Important School Policies

For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or student's and instructors' right to academic freedom can be found in the [Odessa College Student Handbook](#)

## 2011 Timeline

June 6

Neeb Ch 1-4

Exam #1

June 13

June 13

Neeb Ch 5-7

Exam #2

June 20

June 20

Neeb Ch 8-9

Exam #3

June 27

June 27

Neeb Ch 10-13

Exam #4

July 8

July 8

Neeb Ch 14-16

Exam #5

July 11

July 11

Neeb Ch 17-20



Exam #6

July 18

July 18

Neer Ch 21-23

Exam #7

July 25

Final Exam

August 2