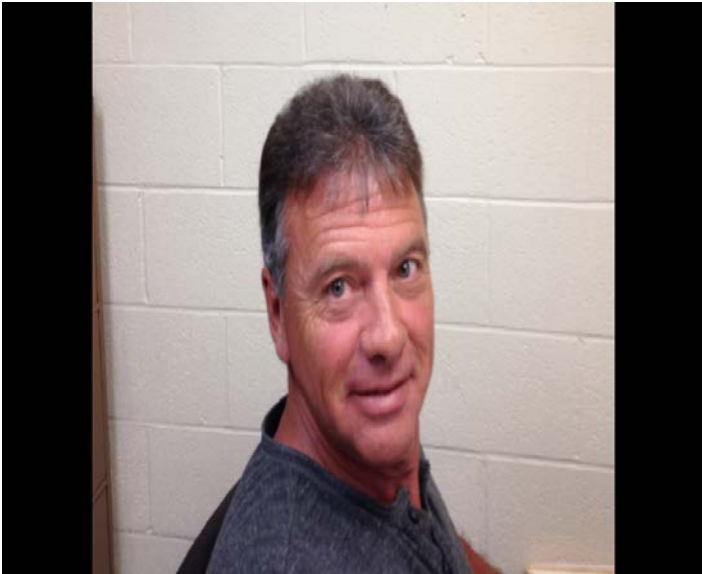


Faculty Information



Name: Dr. Thomas Crawford, DC, DACNB

E-Mail: tcrawford@odessa.edu

Phone: 432-335-6805

Office: WH 127

Office Hours

**Campus
Office Hours:**

Monday 3:00pm - 6:00pm

Tuesday 10:00am - 11:00 am, 3:00pm - 4:00pm

Wednesday 3:00pm - 6:00pm

Thursday 10:00am - 11:00am

Friday: 8:00am - 9:00am

**Online Office
Hours:**

Please use the above listed hours to contact me by phone or email

About Your Instructor

Hello, I am Dr. Thomas Crawford. I am a full time Professor of Biology at Odessa College and have lived in Odessa for the last five years.

I was born in Germany on an Air Force base and have traveled the world as the 4th son of a military family. I went to high school and college in Louisiana (Geaux Tigers). My doctorate was earned in Kansas City as well as my post graduate diplomate in Neurology. I was in private practice for over 10 years and operated as many as 5 clinics simultaneously. Most of my career was dedicated to physical medicine and pain management with a medical doctor partner. After a year of retirement I quickly realized having nothing to do is not the right situation for me. I have been teaching at OC for four years and have enjoyed the scholastic environment. I teach Anatomy & Physiology I and II, Nutrition and currently I'm working on getting a Pathophysiology course for B.S.N.'s started.

I have become a 'gym rat' in my older years with my day beginning around 6:00 a.m. at the OC sportscenter where I weightlift for an hour and do aerobics for an hour before heading to classes for the day. Obviously, Anatomy and Physiology is important to me for a number of professional and personal reasons. I certainly hope each of you enjoy the course.

Preferred Method of Communication:

The fastest and most reliable way to contact me is by email or in person during office hours.

Expectations for Engagement for Instructor:

As an instructor, I understand the importance of clear, timely communication with my students. In order to maintain sufficient communication, I will

- provide my contact information at the beginning of the syllabus;
- respond to all messages within 24 hours if received Monday through Thursday, and within 48 hours if received Friday through Sunday; and,
- notify students of any extended times that I will be unavailable and provide them with alternative contact information (for me or for my supervisor) in case of during the time I am unavailable.

As an instructor, I understand that my students will work to the best of their abilities to fulfill the course requirements. In order to help them in this area, I will

- provide clear information about grading policies and assignment requirements in the course syllabus, and
- communicate any changes to assignments and/or to the course calendar to students as quickly as possible.

As an instructor, I understand that I need to provide regular, timely feedback to students about their performance in the course. To keep students informed about their progress, I will

- post grades for discussion postings within one week of the discussion thread closing.
- provide grades for major assignments within 2 weeks of the due date or at least 3 days before the next major assignment is due, whichever comes first.

- **Textbook Information and Required Hardware/Software**

Textbook(s):

ISBN of package: 978-0321957184

Nutrition, From Science to You, Joan Salge Blake

Hardware:

Computer: A minimum of 512 gb RAM, 1GB of free disk space, 866 MHz or higher recommended, and a monitor of at least 800 X 600 resolution.

Peripherals: Speakers or headphones will be needed to listen to audio files. You should have access to a microphone and webcam if needed for assignments.

Internet Connection: A high-speed internet connection (Cable or DSL) is necessary for this course. If you do not have a broadband connection you can use a computer on campus for assignments.

Students should have access to a backup computer in case of technology failures.

Software:

Email: Students enrolled in OC courses MUST use their OC Gmail account for all correspondence.

Browsers and Settings: Blackboard operates best with Internet Explorer; however, you may use Safari, Firefox, Google Chrome etc. but may see some losses in compatability. Make sure to enable cookies and disable pop-up blockers to be able to listen to the Tegrity audio lectures.

Other Software: Anti-virus software is highly recommended. Windows Media Player, Quick Time or Real Player for audio files and Adobe's Shockwave Player to listen to the publishers audio files.

Websites:

www.mynutritionlab.com is the Publishers companion website to this course.

Information About the Course

Course Description

BIOL 1322 Nutrition & Diet Therapy I
(19.0501.5109) (3-0) 3 hours

This course is a study of the chemical, physical, and sensory properties of food; nutritional quality; and food use and diet applications. Carbohydrates, lipids, proteins, vitamins, minerals and water are discussed.

(ICOs 1, 2, 3, 5, 6)

**** This course cannot be used to satisfy a laboratory science requirement.**

Course Prerequisites:

Pass reading on THEA or COMPASS or pass developmental reading sequence.

Course Topics:

Module 1: Chapter 1, What is Nutrition. Chapter 2, Tools for Healthy Eating. Chapter 3, Digestion, Absorption, and Transport.

Module 2: Chapter 4, Carbohydrates. Chapter 5, Fats, Oils, and Other Lipids. Chapter 6, Proteins and Amino Acids.

Module 3: Chapter 7, Alcohol. Chapter 8, Your Body's Metabolism. Chapter 9, Fat-Soluble Vitamins. Chapter 10, Water Soluble Vitamins.

Module 4: Chapter 15, Weight Management and Disordered Eating. Chapter 16, Nutrition and Fitness. Chapter 17, Life Cycle Nutrition: Pregnancy Through Infancy.

Study Groups

I highly recommend that you try to find other students in this course to get together with for the purpose of learning the course material. This is a difficult course, but no more difficult than the same course that is taught on campus. Through the years I have seen the students that make connections with other students consistently perform at a higher level than the students who stay isolated. This is true of online courses as well. Of course, there are always exceptions. This brings up another important issue. There is a difference between studying together and cheating – there will be a statement of academic integrity that each student must acknowledge and agree to follow in order to participate in this course. Feel free to use the 'student lounge' as a study area to ask each other questions.

Assignments:

Within each Module is a 'Student Learner's Guide', this document supplies you with the module outline and student learning outcomes as well as the assignments within each module that are graded. I encourage you to use this guide to make sure you have completed all graded assignments. Completed homework assignments are to be submitted to your instructor by email. Discussion questions will be completed online in the discussion area of the Blackboard website. A deduction of 10 points will be assessed for each day an assignment is late. Assignments that are 3 days late will receive a maximum grade of 55%. Assignments will not be accepted after they are more than three days late. Typically students that get behind in the A&P web courses have a difficult time catching up and passing the course. I don't want this to happen to you. This policy is here in order to motivate you to stay current in your course work.

- **Grading**

OC Student Gmail Account

DO NOT use the email link that is available within Blackboard when sending email to your professor. Email is an important method of contact within this course; therefore, students should check their Student Gmail account on a regular basis. Detailed instructions for naming assignments, etc. will be found on Blackboard.

Failure to use your student email account may cause your message to end up being directed away from the professor's email account by the college's SPAM/JUNK filters.

Please note: any assignments requested as emails should **NOT** be sent as attachments. The assignment or requested information should always be included within the main body of the email message.

Modules: This is not a self-paced course:

The lecture portion of this course will be presented within bi-weekly Modules. A Module contains lecture assignments to be covered during a specific period of time. For example: Module 1 is composed of the lecture assignments dealing with Chapter 1, 2 and 3. The first Module spans from Week 1 through Week 2. A Lecture Examination will become available on Friday at 9:00 am on the last weekend of the module and be due before the following Monday at 7:00 am. The last week of the semester we will deviate from this pattern due to time constraints.

Within each module you will find a color coding for the type of assignment presented:

Black – The module learners guide is important to be sure you have completed all assignments

Green – The assignments needed to be emailed to me appear in green.

Purple – The Discussion Board assignments are below the purple headings.

Blue – The chapter quizzes are found under the electric blue headings.

Red – Lecture Exams are denoted in red.

Assignment Due Dates:

Our workweek will begin each Monday and end each Sunday. Major assignments for the week are due each Monday by 7:00 am. I highly suggest learners **DO NOT** wait until Sunday night to submit homework or take an exam.

Please note: Discussion Board assignments may have multiple assignment due dates.

Late Assignment Policy:

There is a 15% deduction for each day an assignment is late, beginning at 7:01am each Monday morning. Assignments will not be accepted after they are more than three days late.

If you consider dropping this course, please discuss your reasons with me prior to withdrawing from the course. Students that began their college experience as freshman in the Fall 2007 or later can only withdraw from 6 classes in their entire undergraduate college career.

Starfish Notifications:

The Odessa College Student Success Coaches will help you stay focused and on track to complete your educational goals. If an instructor sees that you might need additional help or success coaching, he or she may submit a Retention Alert or a Starfish Alert. A Student Success Coach will contact you to work toward a solution.

Course Evaluation

Homework Assignments:

There are many types of homework assignments within each Module. The types of assignments may include, but are not limited to: crossword puzzles, computer simulations, artwork labeling, listening to recorded lectures (Tegrity), textbook readings, lecture quizzes, discussion board postings, projects, etc. You are expected to complete all assignments whether or not they need to be turned in to your instructor. I believe you will find your success this semester will be strongly correlated to the way you approach the course. Discipline, organization, and a proactive approach lead to success. The opposite is also true – students lacking the previously mentioned attributes find success difficult to achieve.

Discussion Requirements:

Discussion items will be posted in the discussion area for each Module. Details for Discussion Postings will be given within the discussion area for each assignment. A grading rubric is available for students to see how discussion boards are graded.

Exams:

An online Lecture Exam will be given after each of the four Modules. Each exam may be taken from your home computer with the exception of makeup exams. Learners may use books and notes, while taking exams. All exams are timed and the test will automatically submit after the time has expired. Students are not allowed to copy or print exams or use another person for help - including, but not limited to telling students what questions to expect on the exam. Doing so will be considered cheating and you will be removed from the course.

Makeup Exams:

Since technology errors occur from time to time, you should be aware of the following policy: If your exam does not submit properly you will be given the opportunity to take a Makeup Exam. All Makeup Exams will be proctored and must be taken in a College Testing Center without the use of a book or notes. The Makeup Exam is a different exam than the normal test. Make-up exams may be essay exams. Depending on the college in your area, there may be a fee for testing center service.

Please note: A Makeup Exam will **NOT** be given to any student that misses an exam deadline.

Final Exam:

The Final Exam is a comprehensive exam consisting of all of the information presented throughout the entire semester. The Final Exam will be available online on Sunday, December 9th. No official review will be provided for the final exam; however, you will be able to review your quizzes and exams. Everything that is presented during the semester is important to your knowledge of nutrition, which is why you need to prepare

for the Final Exam by studying all of your notes. I'm sure you can understand that keeping organized notes throughout the semester will benefit the learner, when it comes time to prepare for the Final Exam.

Course Grade

Your Course Grade will be determined by the following: Discussion Board 10%, Homework/Quizzes 20%, Final Exam 20%, Lecture Exams 50%. There is no extra credit in the web course, since 20% of your grade is based on the correct submission of homework.

Grading Scale:

"A" = 90-100
"B" = 80-89
"C" = 70-79
"D" = 60-69
"F" = 0-59

Grading Policy:

Please understand that this is a required course for the science non-lab requirement for degrees. Quality work and active participation is expected and not to be negotiated. As a general policy, you are counted absent for each time you spend more than 2 days away from the course (fail to log in to the course on BlackBoard).

- **Student Course Participation**

As a student, I understand that I am responsible for keeping up with the course. To help with this, I will

- identify alternative computer and internet access in case my primary computer crashes or my internet service is unavailable;
- recognize that the college provides free wi-fi and computer labs during regular campus hours to help me with accessing my course; and,
- understand that my instructor does not have to accept my technical issues as a legitimate reason for late or missing work if my equipment or service is unreliable.

As a student, I understand that it is my responsibility to communicate quickly with the instructor any issue or emergency that will impact my involvement with or performance in the class. This includes, but is not limited to

- getting "kicked off" of the system during tests or quizzes;
- having trouble submitting assignments; and
- dealing with a traumatic personal event.

As a student, I understand that it is my responsibility to understand course material and requirements and to keep up with the course calendar. While my instructor is available for help and clarification, I will

- seek out help from my instructor and/or from tutors;
- ask questions if I don't understand; and
- access my course several times during the week to keep up with assignments and announcements.

- **Course Policies**

Disclaimer

This syllabus is tentative and subject to change in any part at the discretion of the instructor. Any changes will be in accordance with Odessa College policies. Students will be notified of changes, if any, in timely manner.

Original Effort

The work submitted for this course must be original work prepared by the student enrolled in this course. Efforts will be recognized and graded in terms of individual participation and in terms of ability to collaborate with other students in this course.

Digital Protocol

Cell phones must be placed on either *vibrate* or *silent* mode and are to be accessed in emergency cases only. The use of laptops or any other digital device is permitted in order to facilitate note-taking relative to instruction. Any written assignments will be submitted electronically on Blackboard. **The electronic recording of the time on Blackboard will be considered the time of assignment submission. Take necessary steps to ensure that your assignments are submitted on “Blackboard” time.** Back-up and/or additional copies of all assignments submitted is encouraged. **Computers/printers are available to OC students in the LRC (301-303); therefore, not having access to a computer due to technical issues (crash; corrupted files) will not be considered as an acceptable reason for not completing assignments.** If there is a loss of server connection with Odessa College due to maintenance, then an email will be sent to student with pertinent information and status reports. Assignments submitted electronically need to be **WORD documents (doc or docx).**

Grade Inquiry Policy

It is the responsibility of the individual taking this course to maintain accurate track of assignment submissions and grades. There will be opportunities during the semester to meet with the instructor to discuss your academic progress. Contact the instructor to schedule an appointment. Class time will not be used for grade inquiries. All grades are final.

General Course Requirements

1. Attend class and participate.
2. Contribute and cooperate with civility.
3. **Submit assignments on time. Late work will not be accepted. Medical and/or family circumstances that warrant an extension on assignments need to be presented to the instructor. Extensions will be allowed at the instructor’s discretion.**

Incomplete Policy

An ‘Incomplete’ grade may be given only if:

The student has passed all completed work

If he/she has completed a minimum of 75% of the required coursework. A grade of an “I” will only be assigned when the conditions for completions have been discussed and agreed upon by the instructor and the student.

- **Course Schedule**

(Tentative and Subject to Change)

Weekly Schedule:

The following is a tentative week-by-week schedule for this semester. The dates do not typically change in my web courses. If a date is changed, I will post an announcement in Blackboard. We will begin with Chapter 1 and proceed through the book in order until we reach Chapter 15. Chapter 13 will not be covered in this course.

Lecture Schedule:

Week 1 Aug 26 – Sept 02 **Introduction**

Week 2 Sept 03 – Sept 09 **Module 1 – Chapter 1**

Week 3 Sept 10 – Sept 16 **Module 1 – Chapter 2**

Week 4 Sept 17 – Sept 23 **Module 1 – Chapter 3**

Week 5 Sept 24 – Sept 30 **Module 2 – Chapter 4**

Week 6 Oct. 01 – Oct. 07 **Module 2 – Chapter 5**

Week 7 Oct. 08 – Oct. 14 **Module 2 – Chapter 6**

Week 8 Oct. 15 – Oct. 21 **Module 3 – Chapter 7**

Week 9 Oct. 22 – Oct. 28 **Module 3 – Chapter 9; Chapter 10**

Week 10 Oct. 29 – Nov. 04 **Module 3 – Chapter 8**

Week 11 Nov. 05 – Nov. 11 **Module 4 – Pregnancy**

Week 12 Nov. 12 – Nov.18 **Module 4 – Sports Nutrition**

Week 13 Nov. 19 – Nov. 25 **Module 4 – Weight Management**

Week 14 Nov. 26 – Dec. 02 *Thanksgiving Holiday*

Week 15 Dec.03 – Dec. 06 **Module 4 – Weight Management**

Week 16 Dec. 09 – Dec. 12 ***Exam 4* and Final**

Exam Schedule:

Exam 1 Sept 20 – Sept 22 Chapters 1, 2 and 3

Exam 2 Oct. 11 – Oct. 13 Chapters 4, 5 and 6

Exam 3 Nov. 01 – Nov. 03 Chapter 7, 8, 9 and 10

Exam 4 Dec. 06 – Dec.12 Pregnancy, Sports, Weight

Final Exam Dec. 06 – Dec.12 at 5:00 pm

Description of Institutional Core Objectives (ICO's)

Given the rapid evolution of necessary knowledge and skills and the need to take into account global, national, state, and local cultures, the core curriculum must ensure that students will develop the essential knowledge and skills they need to be successful in college, in a career, in their communities, and in life. Therefore, with the assistance of the Undergraduate Education Advisory Committee, the Coordinating Board has approved guidelines for a core curriculum for all undergraduate students in Texas.

Through the application and assessment of objectives within the institution's core curriculum, students will gain a foundation of knowledge of human cultures and the physical and natural world; develop principles of personal and social responsibility for living in a diverse world; and advance intellectual and practical skills that are essential for all learning. Appropriate Odessa College faculty periodically evaluates all of the courses listed in the descriptions on the following pages of this catalog and keys them to Odessa College's Institutional Core Objectives (ICOs), as defined by the Texas Higher Education Coordinating Board (THECB). (Source: *Odessa College Catalog of Courses 2012-2013*, page 73)

Odessa College's Institutional Core Objectives (ICOs):

0. *Critical Thinking Skills* - to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
1. *Communication Skills* - to include effective development, interpretation and expression of ideas through written, oral and visual communication
2. *Empirical and Quantitative Skills* - to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
3. *Teamwork* - to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal
4. *Personal Responsibility* - to include the ability to connect choices, actions and consequences to ethical decision-making
5. *Social Responsibility* - to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

Tuition Discounts

The ***"First Course is Free"*** discount waives standard tuition and fees for the first 3 credit hours taken at Odessa College. The discount applies to high school graduates taking their first class at Odessa College as well as transfer students taking their first class at Odessa College.

The “**Academic Progress Discount**” provides a 10% tuition discount upon completion of 30 credit hours until reaching 45 credit hours. It provides a 20% discount upon completion of 45 credit hours until reaching 60 credit hours. Student must maintain a 2.0 GPA to remain eligible for the discount.

Academic Policies

Note that the OC Student Handbook states (page 32) that “[i]n cases of academic dishonesty, the instructor has the authority to impose appropriate scholastic penalties. Complaints or appeals of disciplinary sanctions may be filed in accordance with the college due process procedure. Copies of the college due process procedure are available in the office of The Director of Student Life (CC104).”

For more information on your rights and responsibilities as a student at Odessa College, please refer to the following: *The 411 of OC: Student Handbook 2012-2013; Student Rights & Responsibilities*
<http://www.odessa.edu/dept/studenthandbook/handbook.pdf>

Scholastic Dishonesty

Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by board policies. Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism and collusion.

"Cheating on a test" shall include:

- Copying from another student's test paper
- Using test materials not authorized by the person administering the test.
- Collaborating with or seeking aid from another student during a test without permission from the test administrator.
- Knowingly using, buying, selling, stealing or soliciting, in whole or in part, the contents of an unadministered test.
- The unauthorized transporting or removal, in whole or in part, of the contents of the unadministered test.
- Substituting for another student, or permitting another student to substitute for one's self, to take a test.
- Bribing another person to obtain an unadministered test or information about an unadministered test.
- "Plagiarism" shall be defined as the appropriating, buying, receiving as a gift, or obtaining by any means another's work and the unacknowledged submission or incorporation of it in one's own written work.
- "Collusion" shall be defined as the unauthorized collaboration with another person in preparing written work for fulfillment of course requirements. (Source: *Odessa College Student Handbook 2012-2013, page 29-30*)

Special Populations/Disability Services/Learning Assistance

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your

concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

Odessa College affirms that it will provide access to programs, services and activities to qualified individuals with known disabilities as required by **Section 504 of the Rehabilitation Act of 1973 and Title II of the Americans with Disabilities Act of 1990 (ADA)**, unless doing so poses an undue hardship or fundamentally alters the nature of the program or activity. Disabilities may include hearing, mobility or visual impairments as well as hidden disabilities such as chronic medical conditions (arthritis, cancer, diabetes, heart disease, kidney disorders, lupus, seizure disorders, etc.), learning disabilities or psychiatric or emotional disabilities. A student who comes to Odessa College with diagnosed disabilities which may interfere with learning may receive accommodations when the student requests them and submits proper documentation of the diagnosis. A Request for Accommodations form and guidelines for beginning the request process are available in the OC Help Center or on the Odessa College web site at <http://www.odessa.edu/dept/counseling/disabilities/index.htm>. The college strives to provide a complete and appropriate range of services for students with disabilities such as assistance with testing, registration, information on adaptive and assistive equipment, tutoring, assistance with access and accommodations for the classroom where appropriate. For information regarding services, students with disabilities should contact the Office of Disability Services in the OC Help Center located in Room 204 of the Student Union Building or call 432-335-6433. (Source: *Odessa College Catalog of Courses 2012-2013*, page 52)

Dropping a Course or Withdrawing from College

Students wishing to drop a non-developmental course may do so online using WebAdvisor, at the Wrangler Express, or Registrar's Office. A student wishing to drop a developmental course or withdraw from college should obtain a drop or withdrawal form from the Wrangler Express or the Registrar's Office. Students are encouraged to consult with instructors prior to dropping a class. Students may not completely withdraw from the college by use of the Web. Students must drop a class or withdraw from college before the official withdrawal date stated in the class schedule. Students who are part of the Armed Forces Reserves may withdraw with a full refund if the withdrawal is due to their being ordered into active duty. A copy of the student's orders must be presented to the Registrar's Office at the time of the withdrawal. For details, please contact the Office of the Registrar. **No longer attending class does not automatically constitute withdrawal from that class, nor does a student's notification to an instructor that the student wishes to be dropped. Failure of a student to complete the drop/withdrawal process will result in a grade of "F."** (Source: *Odessa College Catalog of Courses 2012-2013*, page 36)

- **Student Support Services and Technical Support**

Blackboard Support

I can't log into my Blackboard Course, who do I contact?

Contact the Student Success Center: 432-335-6673 or online at

https://www.odessa.edu/dept/ssc/helpdesk_form.htm. The SSC can provide you with your Blackboard login name. If you are not sure what your password is, they can reset your password.

I'm having a problem in my Blackboard Course, who do I contact?

For any problem that you have in your online course, always contact your Instructor first. Refer to the Instructor's Contact Information area of the Syllabus for their preferred method of contact and the expected response time.

Additional Blackboard Help Resources:

Service	Assistance Provided	Available
Blackboard Help for Students	Website with a searchable list of topics on how to navigate and use Blackboard for online courses.	Online Click here.
Blackboard On Demand Learning Center for Students	This website provides an extensive list of short tutorial videos for student activities performed in Blackboard.	Online Click here.
Blackboard Collaborate: First Time Users	If you have never used Blackboard Collaborate before, this website provides a system requirements check, configuration instructions, and training and resources area.	Online Click here.
Blackboard Collaborate: Essentials for Participants	This website provides essential information for Participants of Collaborate sessions. Any Collaborate user, whether first-time or experienced, would benefit from reviewing the information here.	Online Click here.

Student E-mail Support

How do I set up, access, or update my Odessa College Student E-mail account?

Go to this website and follow the directions on the page: <http://www.odessa.edu/gmail/>.

I can't access my student email! I forgot my password!

Contact the Student Success Center: 432-335-6673 or online at

https://www.odessa.edu/dept/ssc/helpdesk_form.htm. They can provide you with assistance in accessing your student email (created by OC) and can also assist with resetting your student email password. Make sure to have your student ID number available!

Your Blackboard login name is associated with your OC created student email account. All Correspondence for this course will be submitted using your Odessa College student email address.

Support for Students with Disabilities

How do I contact the Office of Special Populations?

Main Number	432-335-6861
Campus Location	SUB 204N in the Student Union Building
Email	Becky Rivera-Weiss - brivera@odessa.edu
Website	To find out more about services provided by the Special Populations office, please visit: http://www.odessa.edu/dept/counseling/disabilities/index.htm

Learning Resources Center (LRC; Library)

How do I contact the Learning Resource Center?

Main Number	432-335-6640
FAQ Service	LibAnswers: http://libanswers.odessa.edu
Contact a Specific OC Librarian	Pat Quintero at 432/335-6350 or pquintero@odessa.edu Donna Clark at 432/335-6645 or dclark@odessa.edu Carolyn Petersen at 432/335-6641 or cpetersen@odessa.edu
LRC Services and Guidelines Website	https://www.odessa.edu/dept/library/services/index.htm

Equipment and Services Provided:

The Murry H. Fly Learning Resources Center (LRC) supports the college's curriculum resulting in a primary emphasis on each student's individual study and research needs. The faculty and staff work with the LRC's Technical Services and Public Services Departments in choosing materials to support all college programs. More than 59,000 books, 50,000 electronic books, 350 current periodicals, 6,700 media holdings, eight newspapers, and 60 databases are available to enhance the educational process.

Equipment/Services Available	Used For	Available
Books, videos, CDs	Research	On Campus and Online
Specialized databases not available online for free	Research	On Campus and Online
Magazines, newspapers, & scholarly journals	Research	On Campus and Online
Computers	Research & word processing	On Campus
Selected textbooks for short-term use	Course work	On Campus
Trained staff	Answer "where do I find?"	On Campus and Online
Tutorials	Tips for research strategies	On Campus and Online
Photocopiers, VHS/DVD players, FAX service	For course work	On Campus
Quiet study areas	For course work	On Campus

Student Success Center (SSC) / AVID Center

How do I contact the Student Success Center?

Appointments are preferred, but walk-ins will be served as soon as possible.

Main Number	432-335-6673
Campus Location	1st floor of the Library
Website with Additional Help and Information	http://www.odessa.edu/dept/ssc/
Live Online Assistance / Chat	Click Here (If no one is currently available, please put your email and question(s) in the appropriate areas of the form and hit 'send.' Your question(s) will be addressed as soon as an SSC staff member becomes available.)

Equipment and Services Provided:

The purpose of the Odessa College Student Success Center is to provide assistance to students in meeting their academic and career goals. The SSC strives to continually provide new and updated resources that will empower all Odessa College students to succeed at OC and beyond.

Equipment/Services Available	Used For	Available
Tutoring by CRLA & Avid trained tutors	Understanding course work and motivation	On Campus and Online Click here for more information.
Student Information Seminars (SIS)	Demo email, Blackboard and SSC resources	On Campus and Online Click here for more information.
Study Skills	Tools needed to succeed	On Campus and Online Click here for more information.
Basic Technology	To navigate classes, email, etc.	On Campus and Online
Plato Web	Practice for TEAS test and basic math, science, etc.	On Campus and Online Click here for more information.
Project T.I.E.	Practice for GED/COMPASS	On Campus and Online Click here for more information.
Student Orientation/Tour	Show individual students where their classes will be. SIS presentation	On Campus
M.O.R.E. Mentoring Program	Networking, tips to navigate college life successfully	On Campus Click here for more information.
Smart thinking	Online tutoring service. Connect with an e-structor and interact with a live tutor.	Online Click here for more

Veterans Support

How do I contact the office for Veteran's Outreach?

Main Number	432-335-6833
Campus Location	204M (Help Center) in the Student Union Building
Email	Gloria Rangel - grangel@odessa.edu
Website	To find out more about services provided by the Veteran's Outreach office, please visit: http://www.odessa.edu/dept/counseling/veterans/index.htm